



**40th ANNUAL
GLENDALE FIREHOUSE RUN
Sunday, October 27, 2019**

1 MILE WALK/RUN, 2.2 & 5 MILE RUN

Benefits Kirkwood Area Perpetual Scholarships, Kiwanis Youth Programs & BackStoppers, and Responder Rescue

Strollers, Pets and Costumes Welcome!

TIME: 8:00A.M.: 1 Mile Run/Walk 8:25A.M.: 2.2 Mile 8:30A.M.: 5 Mile
PLACE: City of Glendale, 424 N. Sappington, Glendale, MO 63122 (Parking Available North Glendale School, 765 N. Sappington)
REGISTRATION: \$25 Per Individual, \$60 Per Family of 3 (\$15 additional members)
 Registration deadline: Sunday, October 27, 2019. Race packets may be picked up at Glendale City Hall Monday–Friday between 8a.m.-5p.m. beginning October 21st up to day of race. Day of race registration, 7–8 AM, fee \$30.00. Online registration at www.glendalemo.org.
AWARDS: T-shirts to entrants. Trophies for overall male and female winners of the 2.2 and 5 Mile Runs. Medals for the 1st Place finishers and ribbons to 2nd and 3rd Place finishers in each group. Ribbons for all finishers in the 1 Mile Run.

SNACKS, AWARDS, & ATTENDANCE PRIZES FOLLOWING RUN!

(MUST BE PRESENT TO WIN)

<u>AGE CATEGORIES MEN & WOMEN:</u>	2.2 MILE	5 MILE
	14 & under	19 & under
	15-19	20-29
	20-29	30-39
	30-39	40-49
	40-49	50-59
	50-59	60-69
	60-69	70-over
	70-over	
	80-over	

COURSE MEASUREMENT & CHIP TIMING HANDLED BY BIG RIVER RUNNING RACE MANAGEMENT.

For further information call City Hall 314-965-3600. On-line registration at www.glendalemo.org

Make Checks Payable & Mail To: **Glendale Firehouse Run, 424 N. Sappington Rd., Glendale, MO 63122**

Name: _____ D.O.B. _____ Phone: _____

Sex: Male__ Female__ Address _____ City _____ State _____ Zip _____

Email: _____ @ _____ RACE ENTERED: 1 Mile () 2.2 Mile () 5Mile ()

SHIRT SIZE: Youth S 6-8 () Youth M 10-12 () Youth L 14-16 () Adult S () M () L () XL ()

In consideration of the acceptance of my entry, I for myself, my executors, administrators, and assigns, do hereby release and discharge the City of Glendale, the Glendale Firehouse Run Committee, Big River Race Management, and any and all sponsors from all claims of damages, demands, or actions whatsoever in any manner arising or growing out of my participation in said event. I attest and verify that full knowledge of the risks involved in this event and that I am physically fit and trained to participate in said event.

ENTRANT'S SIGNATURE _____ DATE _____