

2016 Aquatic Center Swim Passes ON SALE NOW!

Located in the Kirkwood Community Center complex at 111 S. Geyer Road.

The award winning Recreation Station Aquatic Center offers a large variety of aquatic-based activities for everyone. You can swim laps in the competitive pool, play on the aquatic playground, float in the Lazy River, take a wild ride down the slides, or relax on the beach in the leisure pool.

The center also offers early morning lap swim, water fitness classes, swim lessons, and a walking program in the Lazy River. For kids, how about the swim and dive team, water polo program, or a movie night?

Please note the following corrections to aquatic program information in the program guide.

- The Lifeguard In Training Program meets Monday-Friday
- Morning lessons for session M3 & M7 begin 7/11, evening lesson session T2 begins 7/11
- Diving lessons session M3 is from 7/11-7/21 & session A2 is from 7/9-7/30
- Stand-Up Paddle Board Fitness will meet on Monday's and Wednesday's

For complete details, please click [here](#) to explore the aquatic pages of our program guide.

Contact Information & Hours of Operation

Aquatic Center	314-984-6971
Swim & Dive Team	314-984-6973
Community Center	314-822-5855

Pool Hours May 28-August 15, 2016:

Monday thru Friday	10:00 a.m. to 7:00 p.m.
Saturdays/Sundays	10:00 a.m. to 6:00 p.m.
Holidays	10:00 a.m. to 6:00 p.m.

Pool Hours August 16-September 5, 2016:

Monday thru Friday	12:00 Noon to 7:30 p.m.	Lap pool, family pool, slides open
Saturday/Sunday	10:00 a.m. to 7:00 p.m.	All pools open
Holidays	10:00 a.m. to 6:00 p.m.	All pools open

Admission Fees

DAILY ADMISSION FEES

~ Half-price daily admission begins 2 hours before scheduled closing time

	Youth (4-7)*	Adult (18 & Up)	Sr. Citizen (65 +)
Resident	\$5	\$5	\$4
Non-resident/Guest**	\$8	\$8	\$8
Resident 10 Admission Card	\$45	\$45	\$36
NR Admission Card	\$72	\$72	\$72

SEASON PASSES - FEES

	Youth (4-7)*	Adult (18&up)	Family of 3***	Add'l Family Member	Sr. Cit (65+)	Nanny Pass
Resident	\$80	\$95	\$210	\$20	\$80	\$75
Non-resident	\$120	\$145	\$315	\$30	\$120	\$115

- *Children 3 & under free when accompanied by a paid adult. Swimmers under 12 must be accompanied by a responsible person age 15 or older.
- **Non-residents may enter the facility as a guest of a resident or by purchasing a NR Season Pass or NR ID card.
- ***Each additional family member R\$20 NR \$30

Admission Policies

RESIDENTS (R)

- Those residing in Kirkwood, Glendale or Oakland receive R rates on all aquatic programs and passes.
- Residents can enter the facility by paying resident daily admission or by purchasing a season pass.
- For entry, you will need to present a Kirkwood Parks and Recreation-issued ID card. No other form of ID will be accepted.
- Each ID card holder will be allowed up to 4 guests per day all guests of residents will pay NR guest daily admission fees.

NON-RESIDENTS (NR)

- Non-residents may enter the facility as a guest of a resident, by purchasing a NR ID card, or by purchasing a NR season pass.
- Each NR must purchase their own ID card if wanting to enter the pool without a resident.
- NR season pass holders must present a Kirkwood Parks and Recreation-issued ID card. No other form of ID will be accepted.
- Each NR ID card holder will be allowed up to 4 guests per day. All guests of non-residents will pay NR guest daily admission fees.

ID CARDS

- Resident and Non-Resident ID cards are available at the Community Center front desk during normal business hours. Cost is \$5 (R) or \$30 (NR), both for originals and replacements.
- Resident ID cards are good for three years from issue date, and NR ID cards are valid until the end of each pool season.
- In order to obtain an ID card, each purchaser 16 and over must present a valid and current Missouri Drivers License showing residential address and a current utility (gas, water, electric or phone) bill, bank statement or voter ID card, issued to their home address within the last three months.
- Purchasers age 15 and under must be accompanied by a person living at the same address who can present the documents listed above.
- Everyone 4 and over must have an ID card.

2016 Programs and Classes

SWIM & DIVE LESSONS

[Group Information Flier](#)

[Private Lessons \(Form\)](#)

OTHER PROGRAMS

[Tot Time](#)

[Pioneer Polo](#)

[Swim & Dive Team](#)

[Courtney Shupe Scholarship](#)

[Aqua Zumba](#)

[Water Fitness](#)

[River Walk Club](#)

[Early Morning Lap Swim](#)

[Pool Rentals](#)

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SPECIAL EVENTS

[Swim / Dive Meets](#)

[Night Waves Pool Parties*](#)

[Dive-In Movie](#)

[New Birthday Party Area!](#)

[Family Night](#)

[Dog Pool Parties](#)

[Birthday Parties](#)

*Replaces Middle School Night

Tot Time (Ages 5 and Under)

Kids can get on board during this special time for preschoolers. The Family Play pool is open for this activity. Parents, bring your Recreation Station ID card, and your child gets into this session for \$2.50 while you get in free. Non-resident admission (this activity only) is \$4.

- ~ Resident Tot Time pass is \$50.
- ~ Days/Times: Monday through Friday, May 31-August 15, 10:15 to 11:45 a.m.

Pioneer Polo ([Grades K through 12, completed](#))

Join us on Sundays for traditional work outs of instruction and drills (all skill levels welcome and no prior experience is needed). Again this year: We will offer the program to elementary, middle, and high school age groups. The elementary group will meet from 7:30 to 8:30 p.m., and the middle school group will meet from 8:30 to 9:30 p.m. The high school group will meet for a full two hours from 7:30 to 9:30 p.m. The combination of practice drills and game techniques will help hone one's swimming skills, endurance, and water polo strategy.

- ~ Sunday (S1): Elementary-School Age, 7:30-8:30 p.m. Residents/\$59, Nonresidents/\$89
- ~ Sunday (S2): Middle-School Age, 8:30-9:30 p.m., Residents/\$59, Nonresidents/\$89
- ~ Sunday (S3): High School Age, 7:30-9:30 p.m., Residents/\$79, Nonresidents/\$119
- ~ June 12 to July 31

Night Waves Pool Party Series

Calling all incoming and current middle school students around St. Louis! Enjoy music, games, and fun while hanging with old friends and meeting new ones. Residents and nonresidents welcome. All parties run from 8:00 to 10:00 p.m. The entry fee is \$5.00. Dates and Locations:

- ~ June 3, at Webster Groves
- ~ June 9, at Manchester
- ~ June 18, at Chesterfield
- ~ June 24, at Ellisville
- ~ July 1, at Ballwin
- ~ July 14, at Maplewood
- ~ July 22, at Eureka
- ~ July 29, at Des Peres
- ~ August 5, at Kirkwood Aquatic Center

[ALL FITNESS 10-Punch Card](#)

Purchase a punch card to attend any class for Water Fitness, Aqua Zumba or River Walk.

R \$45 and NR \$55

Water Fitness

Our water aerobics class is the coolest way to exercise during the summer. Sign up today for one of our exciting classes! Purchase an ALL FITNESS 10-punch card so you can come and go to any class you like, on *your* schedule. No class July 4.

- ~ Mondays/Wednesdays/Fridays, 10:45-11:45 a.m., June 6-July 15. \$54/Residents \$72/Non-Res
- ~ Mondays/Wednesdays/Fridays, 10:45-11:45 a.m., July 18-Aug 26. \$54/Residents \$72/Non-Res
- ~ Tuesdays/Thursdays, 7:40-8:40 p.m., June 7-July 14. \$36/Residents \$48/Non-Res

- ~ Tuesdays/Thursdays, 7:40-8:40 p.m., July 19-Aug 25. \$36/Residents \$48/Non-Res
- ~ 10-Admission ALL FITNESS Card: \$45/Residents \$55/Non-Res

Aqua Zumba

Aqua Zumba uses dance and fitness moves to the background of fun, upbeat music integrated into a water-based workout. All skill levels and abilities are welcome to join the party! Purchase an ALL FITNESS 10 -Punch card so you can come and go to any class you like on your schedule or register for the entire summer.

- ~ Saturdays, 9:00-9:45 a.m., June 4-Aug 27 \$42/Residents \$56/Non-Res
- ~ 10-Admission ALL FITNESS Card: \$45/Residents \$55/Non-Res

River Walk Club

The River Walk Club gives participants the chance to walk against the current in the Lazy River. Fee includes unlimited sessions at any of the below listed times. No class July 4.

- ~ Mondays/Wednesdays/Fridays, 9:00-10:00 a.m., June 1-August 26
- ~ Tuesdays/Thursdays, 7:40-8:40 p.m., May 31-August 25
- ~ Saturdays, 8:45-9:45 a.m., June 4-August 27
- ~ Full Season Cost: \$69/Residents \$93/Non-Res
- ~ 10-Admission ALL FITNESS Card: \$45/Residents \$55/Non-Res

Swim & Dive Team

Our recreational Swim and Dive Team is for Kirkwood, Glendale, and Oakland youth have appropriate swimming and diving skills. Practices held weekday mornings. Meets are scheduled weekday evenings. Evening practices for swim and dive ages 11 and up only. New team member skills assessment will be held Saturday, April 23, and Saturday, April 30 from 8:30 to 9:30 a.m., at the St. Louis Community College at Meramec college pool. Pre-registration is required for assessments, call 822-5855 or email henkekk@kirkwoodmo.org to sign-up. Returning team registration will be completed through the team Website . Fee includes membership and end-of-season banquet for swimmer/diver. Each age group has limited space.

- ~ Ages 5 to 18
- ~ \$135 for Swim or Dive only; \$160 for both.

~ A \$5 discount will be given for each additional child from the same family.

Early Morning Lap Swim

Early morning swimmers can take advantage of additional morning hours. Get your laps in early!

- ~ Monday through Friday, 6:00-7:30 a.m., May 31-August 26
- ~ \$60/Residents \$85/Non-Res
- ~ Included for season pass holders

Courtney Shupe Scholarship Program

This program is designed to assist young people ages 17 and under, whose families or households face economic challenges, in enjoying the programs and facilities of the Kirkwood Aquatic Center, including Swim & Dive Lessons and Season Pass. Call 822-5856 for details for emails sent to henkekk@kirkwoodmo.org

Pool Rentals

All or parts of the Aquatic Center are available for rental. Rental times are available after public session hours and lesson activities, and until 11:00 p.m. Prices are based on the size of the group and the facilities reserved. Call 314-822-5859 for details.

Special Events

Swim/Dive Meets

The diving boards will close at 2:30 p.m., and the lap pool will close at 3:00 p.m., for home Swim & Dive meets on June 13, June 20, and June 27. The remainder of the aquatic facility will remain open.

Family Night

Bring the whole family for an evening of swimming under the stars! Enjoy music, games while all the pools stay open until 9:30 p.m. Regular admission policies apply. Season pass holders are free. **Friday, July 1,**

Dog Pool Parties

A chance for your four-legged friends to enjoy the cool Recreation Station waters! Sponsored by the Missouri Alliance for Animal Legislation and Pool Paws for Humane Laws. Current shot records, DHLPP and Rabies, must be provided. Two dates!

- ~ Tues., September 6, 5:00-7:00 p.m. (all dogs)
- ~ Thurs., September 8, 5:30 to 6:00 p.m. for dogs 25 pounds and smaller; 6:00-7:30 p.m. for all dogs.
- ~ \$10 per dog/owner, \$3 for each additional person

Dive-In Movie

Gather the kids and come enjoy a family-friendly movie from the comfort of the Leisure Pool and Deck.

- ~ Friday, July 15. **Movie: Minions** Rain date will be Saturday, August 6.
- ~ Doors open at 8:15 p.m. Movie starts at 8:30 p.m.
- ~ R & NR with ID card are \$3 each; all others are \$5 each. Season pass holders are free.
- ~ Concessions available.

Birthday Party Packages

We offer two different birthday packages. To set up a party please call 822-5859

Package 1

Available Saturdays 9 a.m.-10 a.m. This package is designed for preschoolers ages 5 and below along with 11 guests to swim the the Family Pool for an hour and then enjoy cake and soda provided by our concession stand. R & NR \$160 (\$7 each additional guest)

Package 2

Available Mon-Fri. Noon-3 p.m. and Saturday/Sunday 10 a.m.-1 p.m. Our party space, located in the lower concession area, is the perfect place for a birthday gathering. A host will greet you at the front gate and offer you one hour of games and activities for the birthday guy or gal and 11 guests, followed by swimming on their own. Interested renters can bring in your own cake, but all other food and beverage must be purchased at the concession stand. R & NR \$90 (\$7 each additional guest)

New Programs

Lifeguard In Training

Ages 10-15. Class meets Monday-Friday. This specialty camp trains ‘tweens and young teens in water rescue and other life skills to prepare them for future employment as lifeguards. Teaching points include water safety, leadership, and personal responsibility. Daily activities include a workout, skill practice, rescue-themed games, and discussion. Each camper must demonstrate independent swimming and treading ability on first day of camp. Post-camp volunteer opportunities available. Includes junior membership in the United States Lifesaving Association. For additional information, visit www.backyard-lifeguards.com

M1: 6/6-6/17 10 a.m.-12 p.m.

M2: 6/20-7/1 10 a.m.-12 p.m.

M3: 7/11-7/22 10 a.m.- 12p.m.

Fee R & NR \$180 per session

X-Stream

Are you ready to pump up your water workout? Come be instructed on the power of a current, and how it can strengthen virtually every muscle in your body. Our instructor Lisa Huseman has numerous years of experience teaching all things water and water exercise is her niche. This 30

min. water workout will help burn twice as many calories as you would burn on land because water is twelve times denser than air. Purchase an ALL FITNESS 10-Punch card so you can come and go to any class you like or register for the entire summer for unlimited classes at any of the listed times below:

W1: Wed. 6/8-6/29 10:05-10:35 a.m.
R \$13 NR \$18

Stand-Up Paddle Board Fitness

Ages 10+. With a patented fitness band system, you'll be standing on a paddle board in the water while holding the fitness bands that are clipped onto the board just in front of your feet. From here you'll go through varied exercises that mimic an interval gym workout. Curls, squats, chest press, planks, abs, even burpees! In between sets there will be active rest on and off the board.

We like to have fun while working out so you may be duck walking in the pool, prone paddling on the board, or just sitting on the board and kicking your feet in the water, who knows, it all depends on the energy of the class. Class meets Monday and Wednesday during each session.

M1: 6/6-6/8 9-10:15 a.m. R\$26 NR \$28 Try this Demo Class First!
M2: 6/13-7/20 10:30a-11:45a R\$156 NR \$182